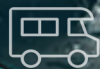
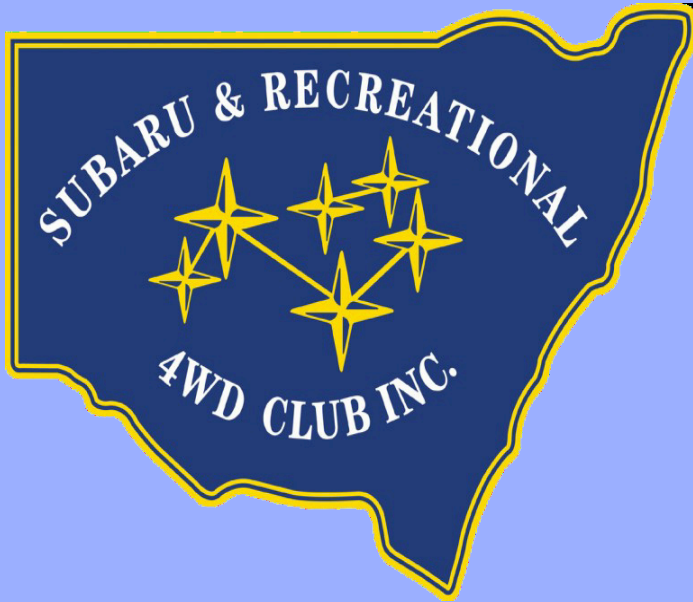


DRIVE TORQUE

MAR
2026





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Cover Image: Previous front cover image
November 2023

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COMMITTEE MEMBERS

<u>President:</u>	Stephen Bennett president@subaru4wdclub.com.au
<u>Vice President:</u>	Michael R Hamilton vice_president@subaru4wdclub.com.au
<u>Secretary:</u>	Stephen Pinnington secretary@subaru4wdclub.com.au
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<u>Membership:</u>	Stephen Bennett membership@subaru4wdclub.com.au
<u>Trip Convenor:</u>	Jo Quinn, Bill Twyman trip_convenor@subaru4wdclub.com.au
<u>Driver Awareness:</u>	David Wellham, Michael R Hamilton, Bill Twyman, Alex Gatward driver_awareness@subaru4wdclub.com.au
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<u>Equipment & Merchandise Officer:</u>	Alex Gatward merchandise@subaru4wdclub.com.au
<u>Serjeant-at-arms:</u>	Bill Twyman
<u>General Members:</u>	Dave Cook, Daniel Sorrasson. Iwan Sujono

Presidents Message

Hello everyone

April General Meeting will be held at the Crossroads Hotel, 14th April 2026, Cnr Hume Highway & Camden Valley Way Casula. Dinner & catch up 6:00pm. Meeting 7:30/8:00pm. New members are encouraged to attend as a get to know you. Everyone is welcome.

I would like to extend a warm welcome to a new members, Zied Melhem. I am sure all members will make him feel welcomed when they first meet at a General Meeting or on a club trip.

The committee is looking into having a guest speaker at later General Meetings. If any members have any suggestions about what they think would be an interesting person or subject to have a speaker talk about, let one of the committee know.

If any member has an idea for a trip or event, but does not know where to start to organise/run. Talk to the trip convenors, I am sure they will help you get started and guide you in the running of it.

On behalf of all club members I would like to wish Paul a Happy 70th Birthday and John a Happy 90th Birthday this month.

Stephen B

SUBARU & RECREATIONAL 4WD CLUB

GENERAL MEETING

Date: 10th March 2026

Venue: Rosehill Bowlo

Meeting open at 7.30pm

Attendees: Steve P, Michael C, Stephen E, Daniel P, Dave C, John H, Jean H, Bill T, Jack J,
Michael R H, Stephen B, Rocky R, Dave W, Troy S, Caitlin S.

Apologies: Iwan S, Susan B, Brett H, Alex G, Kath & Tom DeS, Jo Q, Nathan B

Minutes of previous meeting read

Accepted by Bill T

Seconded Dave C

No business arising from those minutes

Presidents Report

Steve spoke about the possibility of having a club stand at the 4WD show in September. Said that in order to have a stand, we need volunteers for a few hours each day (3) of the show. There are incentives for those who do wish to volunteer. Also, D Wellham said that if we can't get volunteers then the club will not have a stand. It has been decided that the annual fee for the club will remain at \$50 per annum. This year's AGM will be held on Sunday 26 July at a destination yet to be announced. General Meetings will still be rotated between Rosehill Bowlo and the Crossroads Hotel, on the website it will show TBA, so, if need be, it could change to a different location for example a BBQ at Erminington. The venue will be notified the month prior to the meeting.

Steve made mention of the possibility of having a guest speaker at a General Meeting

Vice Presidents Report

Michael made the suggestion that we could invite someone along to speak like a representative of Toyo Tyres or some other business. Also made mention that we could combine our "guest speaker" meeting with another club, thus having a larger group of participants.

Treasurer's Report

\$5829.71

The club has a small amount of "cash on hand" which will be donated to the Flying Doctor Service

Membership Secretary Report

We have 75 members made up of 66 paid-up members + 9-lifers.

Association Report

Below is a summary of the last Association meeting

Non-members not covered by insurance on trips - unless part of family membership or have signed onto the trip sheet as a visitor. Solicitors have been engaged to clarify the definition of a club member.

Life members can be removed from the member count (in regards to insurance fees) if inactive for 5 years. Maybe need to add this to constitution.

COA insurance sending unsolicited emails to clubs - do not reply to either Mr Robson or Robinson (they are shonky insurance brokers)

Gardens of Stone - Ranger Bob & Spanish Steps will need to pay permit fee & get a key to access in near future. (Something to do with native land title & land hand back) return of Crown land to traditional owners

NP will construct exclusive walking tracks in Gardens of Stone SCA (State Conservation Area) and will be managed by "Wild Bush Luxuries". They will manage all the infrastructure (tracks, paths, sheds, buildings, toilets and glamping accommodation etc - none of this will be available to the general public) NP will helicopter all waste and black water from these sites.

Submissions to the Garden of Stone SCA - Bush camp Draft Review of Environmental Factor Consultation has now closed - 26th Feb 2026

NP report increased amounts of visible toilet paper & rubbish being left in NP's (I think they were talking about Gardens of Stone)

Abercrombie caves (south of Trunkey Creek) has now reopen to the public - cannot camp in the reserve yet, it's under repairs.

Suggestions to reach younger membership is to use Instagram & Facebook advertising 4WD show in Sept - they need to know soon what clubs will have a stand (before June)

Stockton Beach access permits are going online

Driver Training Unit - changes to the basic training requirements and certification. Upcoming DTU training days (theory days I believe) for club DAPs

Web Master Report

Would like to try and get a list of the members who received the poll question about the front page of the website options. This will be discussed at the next Committee Meeting.

Driver Awareness Report

Thanks to Ewan S for collating and producing Info sheets covering a variety of 4WD instructions and do's and don'ts, equipment requirements, etc. These will be bound up in the form of a booklet to give to new people who attend the Driver Awareness course.

Next Driver Awareness trip will be in the Lithgow area on 28-29 March. It was mentioned that given the current "uncertainty" about fuel availability, that a decision on whether to run the weekend will be left till closer to the date.
The following Driver Awareness trip will be Sand Driving to be held on Stockton Beach. Participants will need a Pass to access the beach. These are apparently now ONLY available on-line at: <https://account.nationalparks.nsw.gov.au/worimipermit>
There will be a further Driver Awareness trip in August in the Kanangra-Boyd area.

Trip Convener Report

The usual call has gone out for people to either consider leading trips or suggesting some trips which the club could do.

A recce is going to go out during the week to examine the California Track area

Equipment & Merchandising Report

Members will now be able to order club merchandise through Clever Promotions.

More info is now on the clubs Facebook Page

<https://cleverpromotionalproducts.com.au/collections/subaru-recreational-4wd-club>

Stephen B has asked that anyone who has club equipment at their place to send him a list of what you have.

General Business

It was noted that one of our more popular areas around the Turon River is now quite full of flowing water, which means some of our creek / water crossings might finally have some water in them

Meeting closed at 9pm

SUBARU & RECREATIONAL 4WD CLUB INC.

Treasurers Report

Feb-26

Cash Book Balance Brought Forward	\$5,713.79
Plus Income	\$120.00
Less Expenditure	\$4.08

Closing Balance	<u><u>\$5,829.71</u></u>
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<u>Income</u> -	Memberships	\$50.00
	Clothing	\$70.00

<u>Expenditure</u> -	Paypal fees	\$4.08
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Bank Reconciliation

Bank Account Balance as at 28/2/2026	ANZ	\$4,996.08
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<u>Plus</u>	Funds held in Pay Pal as at 28/2/2026	\$538.88
	Cash on Hand	\$294.75

Available Funds as at 28/2/2026	<u><u>\$5,829.71</u></u>
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SAND *Driving*

Sand driving, whether it be along beaches, in the desert, and even near rivers, is great fun.

Driving on sand is all about the flotation gained through a combination of low tyre pressures and momentum.



General Tips

- Reduce tyre pressures.
- Start at around 18psi.
- For very soft sand, reduce to around 14psi (or even lower).

- Switch off stability control.
- Select sand mode (if fitted).
- Lock centre differential (if fitted).
- High range for beach driving and Low range for dunes.

- In soft or deep sand, avoid turning. You only want two wheel ruts, not four.

- When you need to stop, just lift off throttle.
- If possible, stop the vehicle facing downhill.
- On the flat, gently reverse a bit to leave a patch of compacted sand in front of you.

- Back off early. If your vehicle begins to slow, don't dig yourself in.
- Make wide gentle turns.



Traction boards



Long handled shovel

Special Equipment



Flat jacking plate



Sand flag (if required)

Keep It Legal

- Make sure you have the correct permits (if required).
- Obey the posted speed limit for the area you are in, and watch out for pedestrians.
- Keep off vegetated dunes and protected areas.

Warnings

- Do not use Hill Decent Control.
- Do not drive through salt water.
- Drive straight up and down dunes. If you don't make it up a dune, reverse straight back down.
- Watch engine and transmission temperatures.
- Keep an eye out for water courses and sudden drop-offs.
- Sand driving causes higher than usual fuel consumption.



Recovery (when bogged)

- Dig all around the car – almost to underneath the tyres to create a shallow ramp to drive up and out.
- Deflate the tyres to 10psi.
- Carefully idle the car out using minimum throttle and never wheel spinning.
- Re-inflate the tyres as soon as you're out.

If this doesn't work, move up through the Hierarchy of Recovery, using Traction Boards, a Gentle Tow or Winching.

Remember that a ***Snatch Recovery*** is ***the last resort*** as it involves considerable risk. This must only be performed by trained personnel.

Webmaster Update March 2026.

Website Activity.

Currently there are 152 valid registrations on the website consisting of 78 individual Club Members, 42 registered Visitors and 32 past members.

We've had 11 new registrations on the website since January 1st with three becoming club members.

Some website statistics based on information provided to the Committee recently:

Since inception the new website has attracted approx. 17 new club memberships; has responded to 921,609 website requests which delivered 167,419 pages and transferred 41.54 gigabytes of data.

During the last month there have been software upgrades to the Event Manager and Xenforo systems.

Some changes to make navigation easier have been implemented to reformat the items in the top navigation bar to present all items without having to scroll left or right. Work is also underway to reduce / condense the number of "Categories" (content headers) under the "Forums" section.

There will be a website outage while the host organisation upgrades its hardware. The outage will occur Saturday 28th March Between 1PM and 8PM. While this may seem an inconvenient time to schedule an outage for us down-under keep in mind that the hardware is in Los Angeles so it's based on their time zone.

Did you know?

There are help sections on the website that can improve your familiarity with functionality.

Generally, this information can be found under "Website Information". <https://subaru4wdclub.com.au/categories/website-information.65/>

Includes items such as:

Glossary: <https://subaru4wdclub.com.au/threads/glossary.206/>

"How To": <https://subaru4wdclub.com.au/forums/how-to.49/>

"Getting Started Guide": <https://subaru4wdclub.com.au/threads/getting-started-guide.23/>

"Need a hand – let us know": <https://subaru4wdclub.com.au/threads/need-a-hand-let-us-know.12/>

Website Feedback & Support.

Feedback is welcome and assistance is readily available by contacting me: webmaster@subaru4wdclub.com.au

Cheers

Kevin

Trip Convener Report

Driver Awareness Day & Weekend Trip – Turon River N/P	28-29 March 2026
Easter in the Oxley Wild Rivers Area	3-6 April 2026
Club General Meeting Crossroads Hotel	14 April 2026
Abercrombie River NP -- Camping at The Glenn	11 th & 12 th April 2026
Club Meeting – Rosehill Bowling Club	2 th May 2026
Batlow Cider Fest	16 th May 2026
May Be Broke	22 nd May 2026
Driver Awareness Day Trip – Stockton Beach	30 th May 2026

Details for all trips and meetings can be found on the club website. Bill Twyman

MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22	23	24	25	26	27	28 Driver Awareness Turon River N/P
29 Driver Awareness Turon River N/P	30	31				

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 Oxley River	4 Wild
5 Oxley River	6 Wild	7	8	9	10	11 Camping At The Glenn
12 Camping At The Glenn	13	14 General Meeting Crossroads Hotel	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31					1	2
3	4	5	6	7	8	9
10	11	12 General Meeting Rosehill Bowling Club	13	14	15 Batlow Fest	16 Cider 2026
17 Batlow Fest	18 Cider 2026	19	20	21	22 May Be Broke	23 May Be Broke
24 May Be Broke	25	26	27	28	29	30 Driver Awareness Day Trip Stockton Beach

CAMPFIRE COOKING RECIPE



After a long day on the tracks, there's nothing better than gathering around the fire and dishing out a big, hearty feed. Beef Stroganoff (Camp Oven Style) is the ultimate comfort meal for the bush — rich, creamy, and full of flavour. With one pot, simple prep, and plenty to go around, this one's a camp classic that'll have everyone coming back for seconds.

Why you'll Love This Beef Stroganoff

- Quick to prep, the snap lock bag flour trick means no fuss at camp
- Cooks low and slow in the camp oven while you kick back by the fire
- Big, bold flavour from budget - friendly ingredients
- Perfect for feeding a hungry crew or stretching into leftovers the next day



INGREDIENTS YOU'LL NEED

- Chuck steak, cut into chunks
- Plain flour (for coating the beef)
- Onions, sliced
- Mushrooms, sliced
- Chat potatoes, halved
- Pizza paste (herbs & garlic sachets are perfect)
- Paprika
- Dijon mustard
- Beef stock
- Sour cream
- Salt & pepper
- Cooking oil

• How to Cook Beef Stroganoff (Camp Oven Style)

Step 1: Coat the beef

Pack flour in a snaplock bag before your trip. At camp, toss in the beef chunks, seal, and shake until coated. No mess, no fuss.



Step 2: Brown the beef

Heat your camp oven over coals with a splash of oil. Brown beef in batches and set aside.



Step 3: Cook the veg

Add onions and mushrooms to the pot, cooking until softened and golden.



Step 4: Build the Stroganoff

Return beef to the pot. Stir in potatoes, pizza paste, paprika, Dijon, and beef stock. Season well.



Step 5: Let it slow cook

Pop the lid on and simmer gently over coals (or low camp stove heat) for about 2 hours, until beef is meltingly tender.



Step 6: Finish with cream

Remove from the heat, stir through sour cream, and taste for seasoning.



Step 7: Serve it up

Dish into bowls with crusty bread, rice, or pasta — whatever you've got handy. Even better...serve it up with some of our Pumpkin Damper Bread.



PRO TIPS FOR THE PERFECT BEEF STROGANOFF

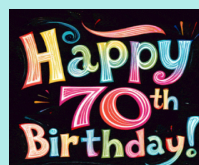
- **Campfire hack:** Place a few coals on the camp oven lid to keep the heat even and steady.
- **Gear swap:** No camp oven? A deep skillet or BBQ hotplate with a lid works fine.
- **Storage tip:** Make the beef base ahead of time (up to step five) and freeze it. It'll double as an ice brick in your esky.
- **Variation:** Swap the beef for chicken thighs or even sausages for a fun twist.



HAPPY BIRTHDAY

To Those Celebrating Their Birthdays In March.

Paul Campbell



John Dziewa

John Hocking



FOR YOUR INFORMATION

PAGE



An initiative of the Australian Government
State and Territory Emergency Services

The **Emergency+** app is a **free** app developed by Australia's emergency services and their Government and industry partners.

The app uses **GPS functionality** built into smart phones to help a Triple Zero (000) caller provide critical location details required to **mobilise emergency services**

<https://www.acma.gov.au/emergency-calls>

Emergency Plus

National Triple Zero Awareness Work Group

3.8★
2.31K reviews

Government

1M+
Downloads

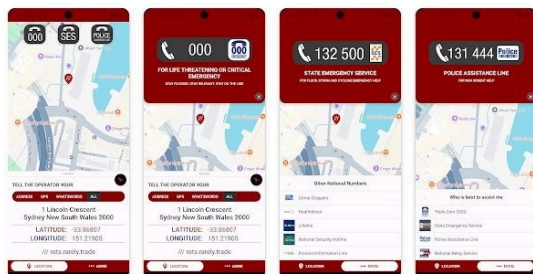
3+
Rated for 3+

Install on more devices

Share

This app is available for some of your devices

You can share this with your family. [Learn more about Family Library](#)



Save the app that could save your life.

Dialling 112 in Australia is a secondary,

international standard emergency number that works on any digital mobile phone, even without a SIM card or PIN. It connects directly to the same [Telstra Triple Zero operator service](#) as 000. While 112 uses any available network for coverage, it does not provide better service than 000 and is not a substitute for cellular coverage.

Key Details for Using 112 in Australia:

Mobile Only: 112 is for digital mobile phones.

Network Access: It works on any available mobile network, not just your provider's.

No SIM/PIN Needed: You can call 112 without a SIM card or if your phone is locked.

No Coverage = No Call: 112 will not work if there is absolutely no mobile coverage from any network (it does not use satellites).

000 vs 112: There is no advantage to dialing 112 over 000; both work the same way.

Emergency+ App: Use the [Emergency+ app](#) to provide exact GPS coordinates to emergency services.

Note: For non-life-threatening emergencies, do not use 112 or 000; call the Police Assistance Line (131 444) or SES (132 500).

Organic Maps - Offline Map & GPS

I recently come across this newish offline mapping app after reading an article about off-road mapping. I think it's worth a look and try it out - it's free. - Bill Twyman

Organic Maps, created in December 2020, is a free, open-source, and privacy-focused offline mapping app for iOS and Android, designed for hikers, cyclists, and travelers. Based on Open Street Map data, it offers detailed, ad-free, 100% offline navigation with turn-by-turn directions, contour lines, and no tracking or data harvesting.

Key Features and Benefits

100% Offline: Fully functional without internet (search, routing, maps), saving battery and data.

OpenStreetMap (OSM): Detailed data including hiking trails, bike paths, and subway maps.

Privacy-Focused: No ads, no tracking, and no registration required.

Outdoor Features: Features include contour lines, elevation profiles, and peaks.

Navigation: Turn-by-turn driving, walking, and cycling voice guidance.

Platform Availability: Available on App Store, Google Play, Huawei App Gallery, F-Droid, and as a desktop app.

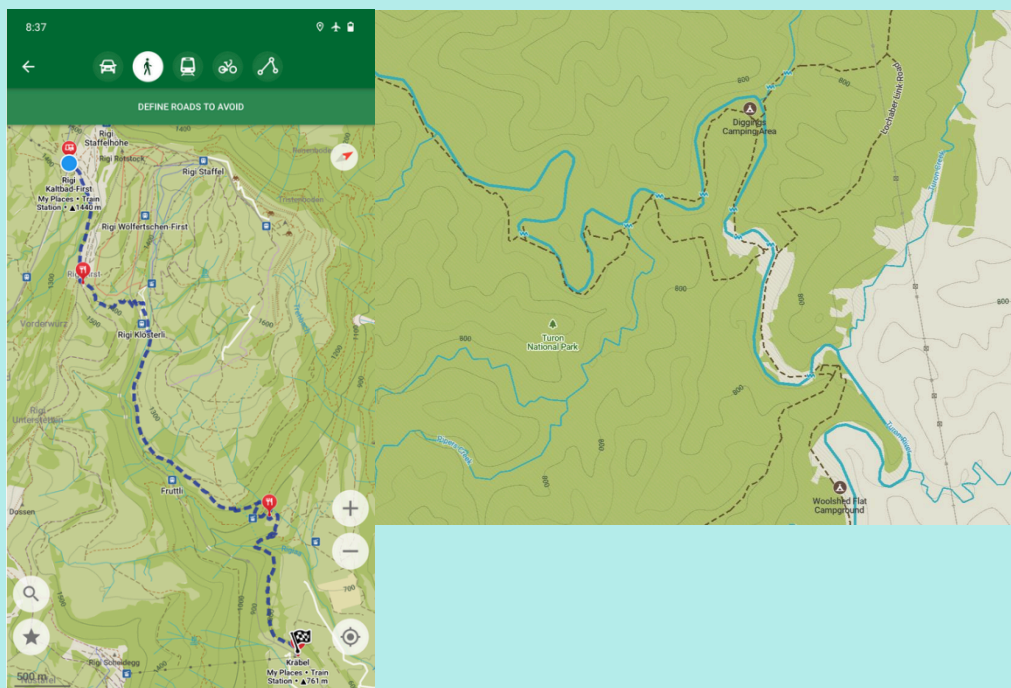
Usage Tips

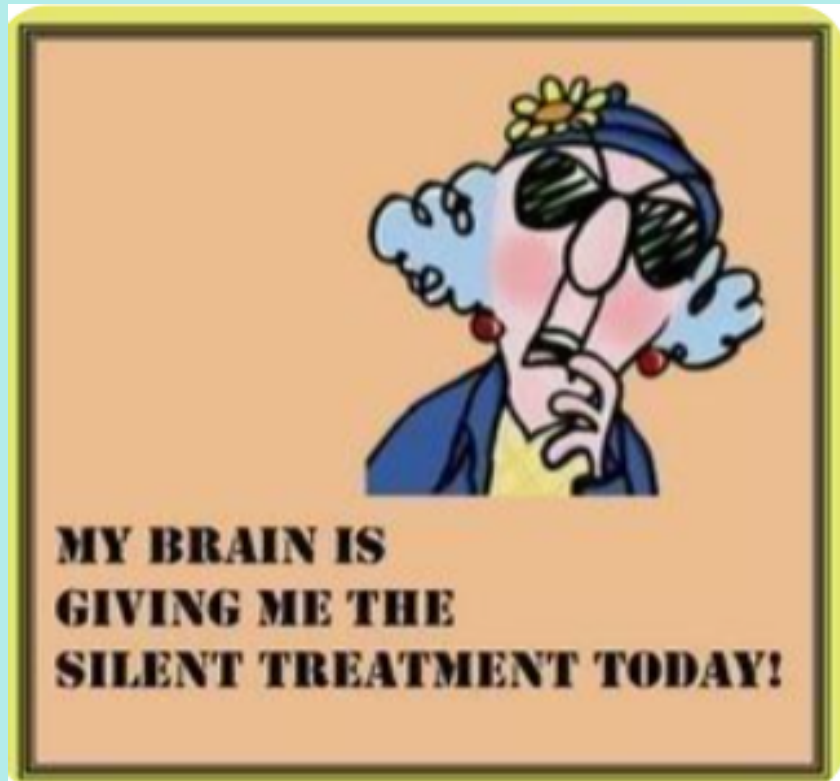
Downloads: You must download map data for your region(s) before going offline.

Routes: You can create driving, walking, or cycling routes with voice navigation.

Updates: Maps are updated twice a month

As of late 2025, it had over 6 million installs.





Until Next Time

STAY SAFE